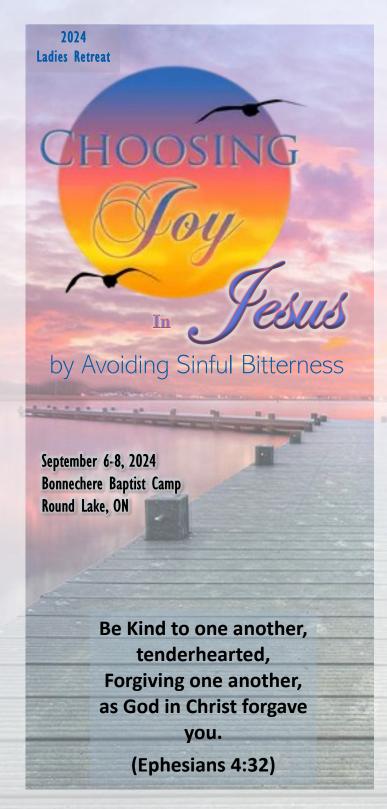
SATURDAY ONLY REGISTRATION FORM

LADIES RETREAT 2024

☐ Saturday Only: \$60
TOTAL: \$
Cheque #\$
CHEQUES payable to First Baptist Church E-TRANSFER finance@fbc-online.ca
Cash \$
Name:
Address:
Phone:
Email:
Emergency Contact: (name)
(phone no. including area code) (relationship)
(Priorie no. metading area code) (relationship)

PLEASE MAIL OR HAND DELIVER
REGISTRATIONS
TO Marilyn Gunn
304-44 MacDonald St. N.
ARNPRIOR, ON K7S 2W3

Contact Person: Marilyn Gunn Phone: (613) 266-0626 Email: marilyngunn@yahoo.ca



Activities & Facilities

Dining Hall/Lounge Area
 Dormitory style cabins
 Canoeing/Swimming
 Basketball Court
 Showers
 Chapel
 Sandy Beach
 Volleyball Court

*Please note that smoking is not permitted on camp grounds or in buildings due to Insurance and Government regulations.

Campfire

What To Bring

Baseball/Softball Diamond

- Warm clothes
- Towels & toiletries
- •Bible, notepad, pen
- ·Bug spray & flashlight
- •Camera
- ·Sleeping bag & pillow
- •Extra blankets in case it is cold
- Swimsuit
- •For free time: book, scrapbooking, or other hobby, etc
- Portable electric heater (one per room)
- •Favourite Board Game for evenings

Friday

6:00 to Registration (Dining Hall)

7:00pm Choose your room and room mate.

8:00pm Meet our Speakers (Dining Hall)
Our Topic will be introduced and we will learn more about our guest speakers

9:00pm Food, Fun, Fellowship, Games and Good night (Dining Hall)

Saturday

8:30am Breakfast (Dining Hall)

9:45am Worship and Session I (CHAPEL)

Small Group Discussion

12:00pm Group Picture at Play Structure

12:30pm Lunch (Dining Hall)

1:45pm Worship and Session 2 (Chapel)

Small Group Discussion

3:30pm Jabez Blanket Ministries

4:30pm Free Time

6:00pm Supper

7:30pm Worship and Session 3 (CHAPEL)

Small Group Discussion

9:00pm Food, Fun, Fellowship, Games and Good

night (Dining Hall)

Sunday

8:30am Breakfast

10:00am Worship and Session 4 (CHAPEL)

Small Group Discussion

12:00pm Lunch Cabin



clean up and pack

Choosing Joy in Christ by Avoiding Sinful Bitterness

We all face bitter conditions at times. Naomi lost both her husband and two sons. She was left with no one to care for her in a foreign land. Unfortunately, these bitter conditions turned Naomi bitter. Ruth 1:20 She said to them, "Do not call me Naomi; call be Mara (which had come to mean bitter), for the Almighty has dealt very bitterly with me. I went away full, and the Lord has brought me back empty. This weekend we would like to explore how to guard our hearts from bitterness even through bitter circumstances, or to melt any bitterness that we hold in our heart.

Key Verse

Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.

(Eph. 4:32)

Guest Speakers

Debbie Doyle



I have been married to Brian for 40 years, we have 5 children and 5 grand children. I came to a saving knowledge of Christ in 1992 through a friend and thought all Christians where biblical counselors. I studied and

earned a master in biblical counseling and became the team leader for H2H a Biblical Counseling Ministry at FBC established in 2008.

Beth Wallace



I grew up on a dairy farm, in a Christian home, the eighth child in a family of ten. I moved to Arnprior after college to work for my brother and this is where I met my husband. We have four children and will be

celebrating our 40th anniversary this September. Studying Stephen Vairs' book Overcoming Bitterness... with Debbie birthed in me a desire to share what I was learning with others.

Focus

Worship

During Chapel times, enjoy worshipping God together in songs led by our worship team.

Gourmet Chefs

Our Gourmet Chefs who graciously prepare and serve scrumptious eats and treats will be back again with delicious meals for us to enjoy.

Jabez Blankets

We will have an update from a Jabez Blankets Ministry representative Saturday afternoon. After which she will be presented with any back packs we have filled and brought to the retreat.



REGISTRATION FORM

Full Weekend LADIES RETREAT 2024

☐ Cost: \$100

CHEQUE payable to First Baptist Church.
E-TRANSFER to finance@fbc-online.ca

TOTAL: \$_____

Cheque # \$

Cash \$

Please include payment with registration.

Address:

-

Email: _____

Emergency Contact:

(phone no. including area code)

(relationship)

All registrations must be submitted by Sunday, August 25

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TO Marilyn Gunn
304-44 MacDonald St. N.
Arnprior, ON K7S 2W3